



BILLINGS FARM & MUSEUM

FUN AT HOME LAVENDER SACHETS

Lavender is a part of the mint family. It comes in a variety of colors: pinks, whites, blues, and purples. Planting lavender in your garden at home has several benefits. It's a natural bug repellent, it attracts pollinators, and it is a drought tolerant plant.

For centuries, people have enjoyed the smell of lavender. Ancient civilizations, like the Greeks, would use lavender to scent their baths. In the Medieval periods, people carried sachets of lavender with them to avoid bad smells and protect themselves from disease. In the Victorian era, people would use potpourris or dried herbs, to make the room smell nice. Lavender was a popular choice. Sachets were also hung in closets or tucked in drawers to make clothes smell nice. Use these instructions to make a sachet of your own!



Lavande [*Lavandula* Linnaeus, Lamiaceae alt. Labiatae], color stipple engraving, finished by hand, by Lambert after an original by Pierre-Jean-François Turpin (1775–1840) for François Pierre Chaumeton (1775–1819) [et al.], *Flore Médicale* (Paris, C. L. F. Panckoucke, 1814–1820, vol. 4, pl. 216), HI Library call no. DF5 C496F.

CRAFT: LAVENDER SACHET

With a few basic materials and some dried lavender, you can make your own sachet.

Materials

- Fabric scraps
- Fabric scissors or regular scissors
- Ribbon or string
- Dried lavender (about a few spoonfuls per sachet)

Instructions:

1. Cut out a circle of fabric. You can use a small plate or large cup as a guide.
2. Place a small amount of lavender in the middle of the sachet.
3. Cut a length of ribbon or string.
4. Bring the fabric up in a bunch. Tie your length of ribbon and string around the top, leaving some fabric fluffed out.
5. Hang or place in a drawer! You have your very own lavender sachet!

