



BILLINGS FARM & MUSEUM

FUN AT HOME PLARN (PLASTIC YARN)

If you have ever been shopping, you probably have a plastic grocery bag around the house. Most of us have a couple bags full. Many recycling companies won't take these, so they get thrown in the trash, which isn't the best thing for the planet. Thankfully, there are many ways to reuse the bags! One fun and useful way is to make "plarn" or plastic yarn. Once you've made your plarn, you can use it for almost anything you would use string or yarn for. Many of the crafts you see on Billings Farm at Home need string of some sort. Why not try using some of your own plarn for them?



Ball-in-Cup made with plarn

https://billingsfarm.org/wp-content/uploads/2020/03/Billings-Craft-Historic-Toys_dwnld.pdf



Finger Knitting with plarn

<https://www.youtube.com/watch?v=IVadxRmvQX8>

CRAFT: MAKE PLARN

Materials:

- Clean plastic grocery bags
- Scissors

Steps:

1. Straighten out the bags so they are flat.
2. Fold the bag in half vertically.
3. Cut off the handles and the bottom of the bag and discard
4. Cut strips 1/2 to 2 inches wide, depending on how thick you want your plarn to be. Discard any pieces with holes.
5. Open each strip into a loop.
6. Take the first 2 loops and tie them together with a lark's head/girth hitch knot (see below).
7. Add a new loop across from the previous one on the end loop. Continue your loops, making a chain.
8. Use your plarn—check out this site for some great ideas:
<https://pepperboxcouture.wordpress.com/2013/01/24/a-quick-catch-up-on-all-things-to-do-with-recycling-plastic/>

