

## Shepherds pie

## Ingredients:

1 medium Yellow Onion

1 lb Ground Lamb

2 tsp Parsley

1 tsp Rosemary

1 tsp Thyme

1 Bay Leaf

½ tsp Salt

½ tsp Pepper

2 T Olive Oil

1 T Worcestershire Sauce

2 Cloves Garlic

2 T All Purpose Flour

2 T Tomato Paste

1 c Vegetable or Beef Broth

½ c Carrots

½ c Frozen Peas

## Topping:

4 medium Yukon Gold Potatoes

½ stick Butter

½ c Milk

2 T Butter (for the top)

## **Instructions:**

- 1. Brown the ground beef and the chopped yellow onion.
- 2. Add in the spices, and garlic and carrot, and cook until the carrot begins to soften.
- 3. Add in the tomato paste, Worcestershire sauce and stir until fully incorporated.
- 4. Add in the olive oil, and flour and cook for 1-2 minutes until fully combined and the flour has a chance to cook for a little bit.
- 5. Add the broth and continue to cook for 1-2 minutes until the gravy becomes thicker, fold in the peas and stir for another minute. Pour the mixture into the bottom of your preferred baking dish.
- 6. Peel and cut the potatoes into large chunks and boil the potatoes until soft. Meanwhile, heat the milk and the butter in a small saucepan.
- 7. Drain the potatoes and mash with a hand masher. Add in the milk and butter and stir.
- 8. Spread the potatoes evenly on top of the meat in the baking dish using a fork. Dot with butter.
- 9. Bake in a 400-degree oven for 25-30 minutes; until the top becomes golden brown. Serve and enjoy!



